



Traditional Sandstone Climbing Week –Adršpach 2012

We would like to invite you for the first International Traditional Sandstone Climbing Week in the Czech Republic. The trad sandstone climbing is a very specific kind of rock climbing and in the area of Adršpach you can find more than 3000 routes leading to the tops of amazing sandstone spires. The highest tower in the area is called „Milenci – the Lovers“ and you can climb faces nearly 100 metres high there. In case of bad weather we may travel by cars to other sandstone areas either in Český Ráj (the Czech Paradise) or in the Elbe valley which allow climbing even when there are adverse conditions in Adršpach.

Specific climbing ethics have been applied on the Czech sandstone due to its long and inspiring tradition as well as because of some softer rock formations that require a special approach. These rules include a ban of chalk on easy routes and elimination of „hardware“ (as friends or nuts) for protection whatsoever. This means we use different kinds of slings with knots, threads and such like, for protection between fixed ring bolts which are sometimes rather apart. Nowadays though, there is also a number of well protected modern climbs next to the traditional ones.

Sandstone climbing definitely features an exciting experience very different from other climbing styles and areas elsewhere.

OVERVIEW

The Czech Mountaineering Federation's (CMF) International Traditional Sandstone Climbing Week will be held in Adršpach, the area best known for its daring cracks and friction routes among others. As an international guest you will be accompanied by Czech host climbers who will take you out during the days and show you the full delights of sandstone trad climbing with all specifics including knots as the means of protection etc. There will be interesting presentations in the evenings given by some Czech best climbers.

EXPERIENCE

To take part in this event climbers must be experienced in rock climbing. The experience with trad climbing is recommended but not necessary, the level of climbing skills should start from 6a (in French grade) upwards.

VENUE & DATES

Venue – Adršpach

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Dates –September 16 (Sunday) to 23 September (Sunday) 2012

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Arrival evening is Sunday, 16 September (no climbing on this day).

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Departure day is Sunday, 23 September (no climbing on this day).

TRAVEL & ACCOMMODATION

Representatives are responsible for making their own travel arrangements to the Czech Republic.

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Nearest airport – Prague.

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Nearest train station – Adršpach.

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The CMF will collect guests on Sunday, 16 September at the Prague Airport at 16:00 hrs. or meet in Adršpach at 18:30 hrs.

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The CMF will drop guests off on Sunday, 23 September at Prague airport at 10:00.



COST

The event is highly subsidised by the CMF and there will be a nominal fee of 100 /150 €/person to help offset the cost. The 100 € fee includes all meals and accommodation in cabins (sleeping bags advised), the 150 € fee includes staying in the hut.

HOW TO APPLY

Please complete the application form by **31 January 2011**.

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Federations are invited to send a maximum of two climbers. Ideally one female and one male. Please note only one Federation per country. Climbers must be 18 years of age or older.

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IF THE MEET IS OVER SUBSCRIBED THEN PLACES MAY BE REDUCED TO ONE PER COUNTRY.

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The CMF will contact all applying Federations by email by 15 February 2012. **Please do not make any bookings (flights, trains etc) until you have had confirmation of your places from the CMF.**

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PLEASE NOTE: e-mails do not always reach their destinations. It is therefore your responsibility to contact the CMF if you have not received an e-mail confirming your Federation's places on the Meet by 15 February 2012.